



Lee's Martial Arts Academy

Discover the Power of Positive Thinking!

3270 California Ave SW, West Seattle, WA
(206) 938-3375



Schedule of Classes

| | Mon | Tue | Wed | Thur | Fri | Sat | Sun |
|----------|---|---|---------------------|---|---|--|-------------------|
| 7:00 AM | | | | | | | |
| 8:00 AM | | | | | | | |
| 9:00 AM | Open Session (Private Lessons, Personal Training) | | | | | | |
| 10:00 AM | | | | | | | Cardio Kickboxing |
| 11:00 AM | | | | | | School available for birthday parties and other special events | |
| 12:00 PM | 11:30 Adult TKD | | 11:30 Adult TKD | | | | |
| | Open Session (Private Lessons, Personal Training) | | | | | | |
| 3:00 PM | | | | | | | |
| 4:00 PM | Beginning Kid's TKD | | Beginning Kid's TKD | | Beginning Kid's TKD | | |
| 5:00 PM | Kid's TKD | | Kid's TKD | | Kid's TKD | | |
| 6:00 PM | Adult TKD & Sparring | Family TKD | Adult TKD | Family TKD | Adult TKD | | |
| 7:00 PM | | Kickboxing Upstairs BlackBelt Downstairs | Advanced Belt Class | Kickboxing Upstairs BlackBelt Downstairs | Poomse Upstairs Weapons Downstairs | | |
| 8:00 PM | | Ground Fighting | | | | | |
| 9:00 PM | | | | | | | |

TKD = Tae Kwon Do

November 19, 2007